SAFETY TIPS FOR BABYSITTERS
Planning and prevention are the keys to fire safety. Protect yourself and the children in your care by taking some simple precautions.

PLAN YOUR ESCAPE
*Be familiar with the home. Learn all the exits.
*Find out where the home's meeting spot is outside.
*Discuss the escape plan with the children.

PUT AWAY MATCHES AND LIGHTERS

GIVE SPACE HEATERS SPACE

BE KITCHEN WISE
*Cook only with permission.
*Never leave cooking unattended.

USE MICROWAVES SAFELY
*Never place anything in a microwave oven unless you are absolutely sure it is safe.
*Most metal objects are not safe to place in a microwave.
*Keep children away from the microwave.
*Cool food before serving children.

NEVER LEAVE CHILDREN ALONE

IN CASE OF FIRE
*Get out and stay out!
*Crawl low under smoke.
*Call the Fire Department - from a neighbors house.
*Don't go back inside.

IF YOUR CLOTHES CATCH FIRE - STOP! DROP! ROLL!
*Babysitters may have to help young children do this.

KEEP THIS INFORMATION HANDY WHILE BABYSITTING:

*Emergency Telephone Number
*Doctor's Name/Telephone Number
*Where Parents can be reached
*Address where you are babysitting
*Neighbors Name and Telephone Number